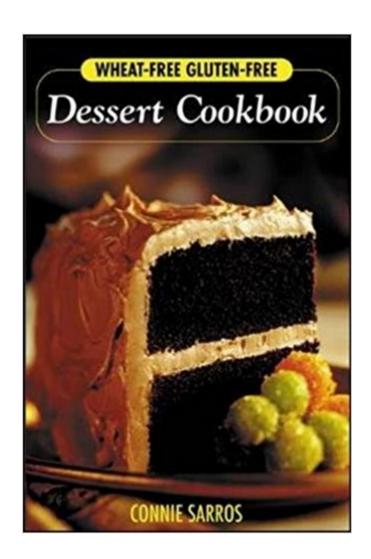


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Wheat-Free, Gluten-Free Dessert Cookbook





Synopsis

One out of every 133 people in the United States has celiac disease. And countless others are giving up wheat for general health concerns. These books provide taste-tested recipes for delicious meals and desserts that are all wheat-and gluten-free.

Book Information

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My wife as been using the book has help her a lot.

I bought this book with the intent of learning to bake gluten-free rather than with bleached wheat flour, hoping to bake healthier desserts my family would still enjoy eating. So far the recipes I've tried from this book have turned out very well. I enjoy reading the book and have learned quite a bit about gluten-free baking. I'm sure the rest of the recipes I bake will turn out well too.

We've had this book for several months now and everything we have tried has been successful. The flour mix works and there are many unusual and really delicious cookie recipes. Cakes are pretty standard but the recipes are excellent. Overall, one of our most used gluten free cookbooks.

This is a great book with really yummy items in it. Clear directions and a pantry list. Totally would buy it again!

My sister, her daughter and I have used this cookbook to make some wonder desserts. No one knows or cares that they are gluten free because they taste so GREAT! Recipes are easy to follow. I double recipes and have had no problems. Great buy!

the best for me

This book has some good recipes definitely, but it wasn't quite the kind of dessert cookbook I was looking for. It seemed a bit more fancy than what I'd expected.

Since my gluten-free regimen began after diagnosis for "intolerance

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